



The Cape Milner
Banting
Day Conference Package

R385.00
per person

Now you can enjoy your
conference without
compromising your
Banting lifestyle!

Minimum of 18 delegates

The Cape Milner Reservations
Tel: 021 426 1101 | Email: confer@capemilner.com

On arrival

Mixed Nuts and Seeds
Bulgarian Yoghurt and Blue Berry Compote
Smoked Salmon Roulade
with Cottage Cheese and Dill

Mid-Morning

Bottled water and a brisk walk to
enjoy the fresh Cape Town air

Afternoon Tea Break

Dark Chocolate Mousse
Droewors

Lunch buffet

Green Salad with full Cream Feta Cheese,
Olive, Tomato, Cucumber

Calamari Salad with Avocado,
Garlic, Capers and Peppadews

Cauliflower Soup
with Mussels and Shrimps

Harissa spiced Chicken Breast,
Pan fried Line fish with Bacon Butter,
Oxtail Stew, Roasted Sweet Potato,
Grilled Cauliflower and Leeks, Brussels
Sprouts with Ham, Smoky Ratatouille

Lemon Panna Cotta with seasonal Berries
Poached Pears with Cinnamon
and Chantilly Cream
Wild Berry Gazpacho



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